



EDVENTURE SUMMER SESSIONS



**FUN & CREATIVE
ACTIVITIES FOR HOME
ED YOUNG PEOPLE
5-12 YEARS OLD**



**AUGUST
2023**

Tuesday 1st
Tuesday 8th
Tuesday 15th
Tuesday 22nd

Cost:
**£36 per day or
all 4 sessions for
£116 incl lunch.**

Mindful Mornings & Active Afternoons

- ✓ Mindful Movements
- ✓ Team Games
- ✓ Drawing, painting, clay
- ✓ Bush Crafts
- ✓ Nature Walks

The Edventure Project CiC

From Henfield (1st, 8th, 15th)
and Westerleigh (22nd)
Village Halls, S.Glos

Visit

www.theedventureproject.co.uk

More Information Call: 07925016175 or theedventureproject@gmail.com





SUMMER EDVENTURES

Mindful and Active Activities

TIMINGS	Tuesday 1st August (Henfield Hall)	Tuesday 8th August (Henfield Hall)	Tuesday 15th August (Henfield Hall)	Tuesday 22nd August (Westerleigh Hall)
09:30-10:00	Welcome with Scavenger Hunt	Welcome with Treasure Trail	Welcome with games	Welcome with Circle and Music
10:00-10:45	a) Tai Chi b) Hike with litter pick c) Nature Art	a) Yoga b) Pony Care c) Macrame Leaves	a) Self Care Jar b) Foraging c) Watercolour Painting	a) Sound Healing b) Rock Painting c) Dance
11:00-11:45	Switch around workshops above.	Switch around workshops above	Switch around workshops above	Switch around workshops above
11:45-13:00	Free play and Lunch. Pizza Pockets.	Free Play and Lunch. Veggie Skewers.	Free Play and Lunch. Hot Dogs (v)	Free Play and Lunch. Chilli and nachos
13:00-13:45	a) Badminton b) Kickboxing c) Wand Making	a) Football Skills b) Mini Bug Hotel c) Assault Course	a) Bird Feeders b) Archery c) Running Club	a) Basketball b) Assault Course c) Orienteering
13:45-14:30	Team Game - Rounders or Capture the Flag	Team Game - Tag Tails	Team Game - Water Fight	Team Game - FREE CHOICE

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